

DRIBBLE IT Game Rules

At Play Games

Basic Game

Set the time on your smartphone alarm for 30 seconds. Start, Dribble the basketball inside the frame without bouncing outside it or hitting the frame. Dribble for 30 seconds. While you dribble you will have to switch hands and cross under and over the center bar. A Player gets 10 points if there are no mistakes while dribbling and the time runs out. Subtract 2 points for each mistake, hitting the frame or bouncing outside it. Most points wins the round.

Skills Game:

Player 2 can call out the directions or play the game audio from your phone, add a wireless speaker for better volume.

Start the timer 30 seconds or game audio

Dribble (DB) right hand #6 times

Cross under

DB left hand #6

Cross under

DB right hand

DB right hand #4

Cross Over

DB left hand #4

Cross Over

DB right hand

DB right hand #2

Cross Under

DB left hand #2

Cross Over

DB right hand

Cross Under, until time runs out

DB right #1

DB Left #1

DB right

DB Left

DB right

DB Left

DB right

DB Left

The DRIBBLE IT re-Pete Me game

Player 1 dribbles the ball inside the frame any way he wants to for 30 seconds. The player 2 takes over and then player 2 tries to match the same pattern. Each mistake is minus 2 points player with least points wins